The Family Focus Project supports families where one or more parents have been identified as having substance misuse* problems and/or mental ill health. The service will work with the whole family, offering intensive support to both adults and children living within the household.

Blackpool has a large number of families where substance misuse is problematic. Living in fear and isolation can add to this burden. The Family Focus Project can help you address these problems, providing a wide range of emotional and practical support to yourselves and your family.

What the Project can offer you:

• Individual family support for all members of your household.
• Emergency support plans.
• Trips and activities (dependent on your achievement of agreed targets).
• Signposting, guidance and information.
• Support will be provided at times to suit the family including some evening and weekend availability for support in conjunction with 9.00am-5.00pm Monday to Friday hours. This will enable the whole family to be involved and will include one to one work with children ie. in school.
• Time-limited support (initially 12 weeks).

Aims of the Project

• To improve the physical, emotional and mental health and wellbeing of families.
• To recognise and understand your family’s ability to maximise its full potential.

* ‘substance misuse’ means alcohol and/or drug use
- To work with the whole family to identify and achieve agreed family targets.
- To support engagement (where appropriate) with other services e.g. substance misuse, mental health in order to improve your family life.
- Reduce the levels of isolation your family may be experiencing.
- Reduce the chances of your children becoming involved in substance misuse themselves.
- To encourage positive family time.

In order to work with our service your family must:
- Live in Blackpool.
- Have a child/children aged 5+ living with you.
- Be willing to address your substance misuse problems and the impact this has on yourself and your family.
This project is supported by

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